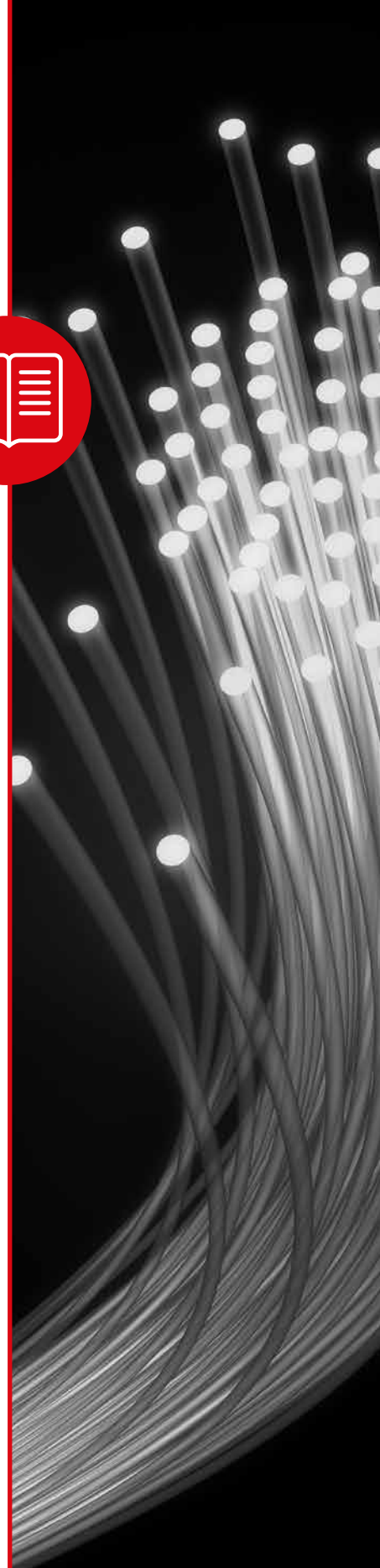


# WHITE PAPER



## FIBER OPTIC SENSING

EDITION 1.0 | MARCH 2017



REIMAGINING CONNECTIVITY  
TOGETHER

## FIBER OPTIC SENSING

THIS WHITE PAPER PRESENTS THE TECHNICAL BASICS BEHIND SENSING OVER FIBER TECHNOLOGIES, ITS MAIN APPLICATIONS AND THE CABLING SOLUTIONS INVOLVED.

The main purpose of this white paper is to discuss the key factors that will help you define the best solution for your cabling needs, in order to have the most reliable and easy-to-maintain system that reduces your maintenance operations.



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*Jean Baptiste Gay is involved in the development of new products at Fischer Connectors. His main motivation is to provide the best technical expertise and solutions to respond to customer's needs.*

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## WHAT IS FIBER OPTIC SENSING

Fiber optic is mostly known for being the ideal solution to carry large amounts of data over long distances. However, fiber optics can also be used to gather information about the environment. The physical properties of light into the fiber can be affected by strain, temperature, or sound. Several technologies enable either local measurement points or distributed measurement all along the fiber. These technologies rely on the wave properties and quantum interactions of light with the fiber optic core matter.

We can distinguish two types of sensing:

### 1. Local measurement points

- The sensor is localized along the fiber at chosen measurement points
- Typical: - FBG (Fiber Bragg Grating)

### 2. Distributed sensing

- The fiber itself is the sensor, with sensing occurring all along the fiber
- Typical: - Rayleigh
  - Brillouin
  - Raman

#### A. Local measurement points

Local measurements over a fiber are achieved by using fiber Bragg sensors (or FBG for Fiber Bragg Grating). The technology is based on small (~ 5 mm) arrays of laser-induced discontinuities (Fig.1) along the fiber core that constructively interfere at a specific wavelength, which then acts as a mirror tuned for that specific wavelength.

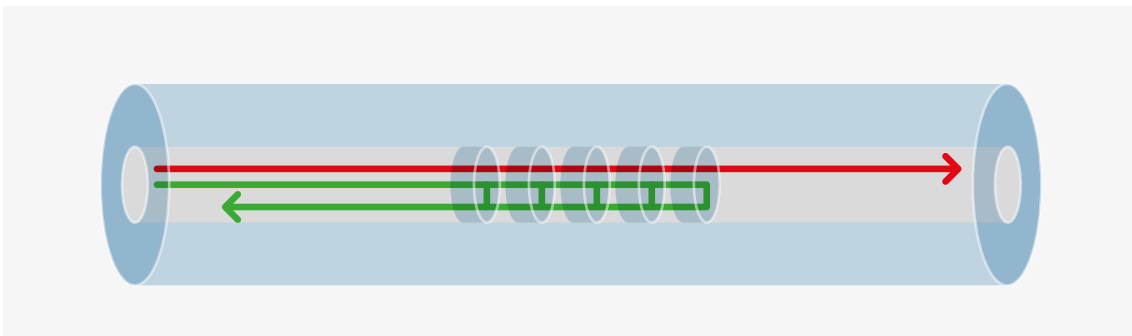


FIG.1

The system uses a tunable laser to scan a spectrum range while checking for reflected light. The exact reflected wavelength is measured via a spectrometer and stored as the initial value. When a strain is applied to the fiber, the fiber will stretch according to its elastic properties. This will cause the FBG to change its step ("L" in Fig.2) between the discontinuities. Therefore, the associated reflected wavelength will be shifted and its measurement will be used to quantify the strain. If the fiber is mechanically linked to the material, the strain information will be measured. If the fiber is not mechanically linked to the material, the FBG will act as a simple temperature sensor (as the elongation of the fiber will only be induced by thermal expansion).

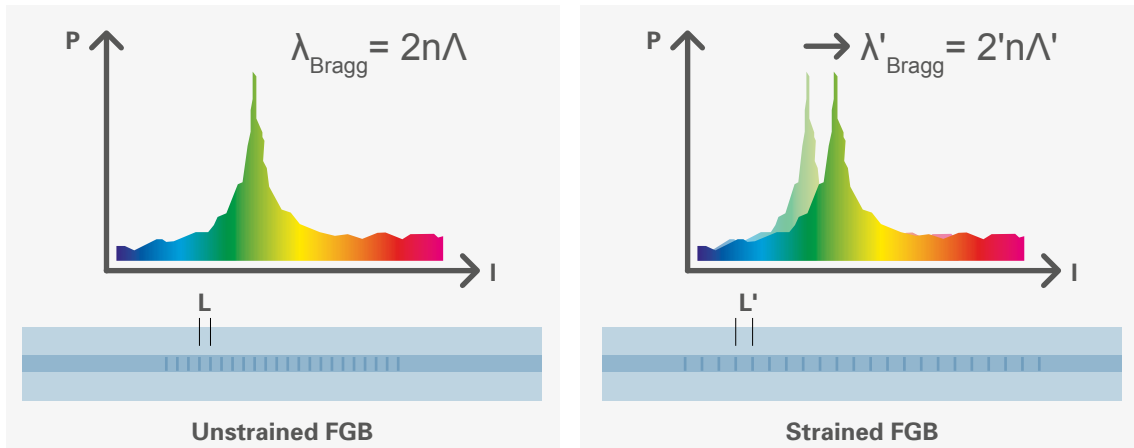


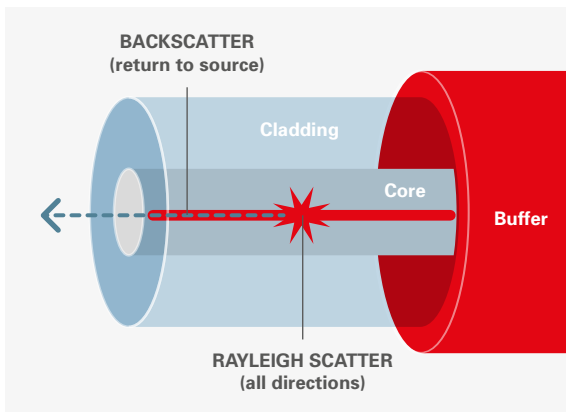
FIG.2

For FBG to work, the use of single mode fiber is mandatory. As the information is contained in the light reflected by the FBG, the requirement for ultra-low return losses is a general concern when using this technology.

**B. Distributed sensing**

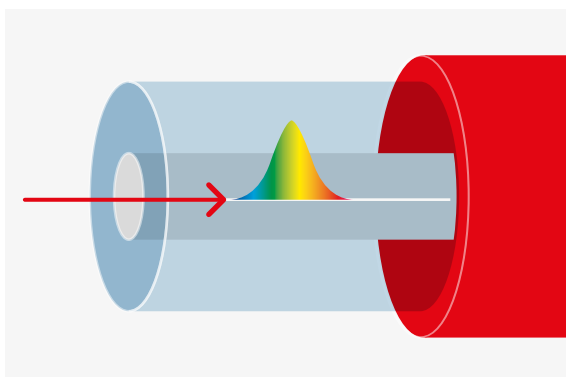
Distributed sensing, unlike FBG sensing, uses the whole fiber as a sensor. No specific modification is needed on a standard telecom fiber for the system to work. It is based on the physical interactions of light along the fiber.

FIG.3



Light backscattering is the main physical interaction that drives distributed sensing measures. Backscattering occurs when a photon encounters an impurity inside the fiber core. This causes the light to be sent backwards into the fiber in the direction of the light source (Fig.3).

FIG.4



These small impurities are evenly distributed along the fiber, so when a discontinuity (externally induced by strain, temperature, vibration, etc.) is applied to the fiber at a certain location, the impurities density is modified. This causes a change in the backscattering intensity at that location. By measuring the time of flight (of a light pulse), it is possible to know precisely where (distance from the source) the discontinuity occurs (Fig.4).

As backscattering represents an extremely low amount of returning light, measurements must be taken over a long period of time to collect enough information for a precise measurement. Consequently, acquisition time is very low.

**Different types of backscattering**

Following a specific monochromatic input pulse, the resulting backscattered light that comes backwards inside the fiber has the following profile (Fig.5):

Same wavelength → **Rayleigh** backscattering

Positive (Stoke) and negative (anti-Stoke) low shift → **Brillouin** backscattering

Positive (Stoke) and negative (anti-Stoke) high shift → **Raman** backscattering

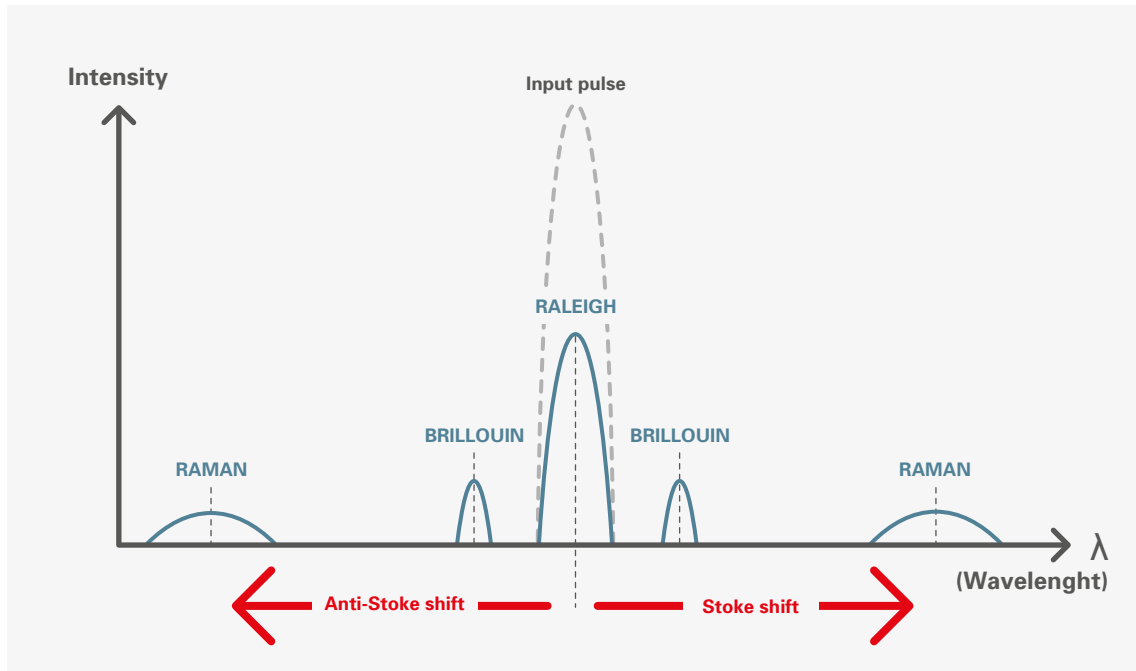


FIG.5

**Rayleigh backscattering**

Rayleigh scattering is a phenomenon you experience nearly every day. It is the effect that makes the sky look blue (Fig.6).

Rayleigh scattering describes the elastic scattering of light by spheres which are much smaller than the wavelength of light. The most important discontinuity inducing Rayleigh backscattering into fiber optics results from small variations in the core refractive index. These discontinuities are, by construction, evenly distributed along the fiber and therefore induce a constant backscattering noise back to the source (Fig.7).

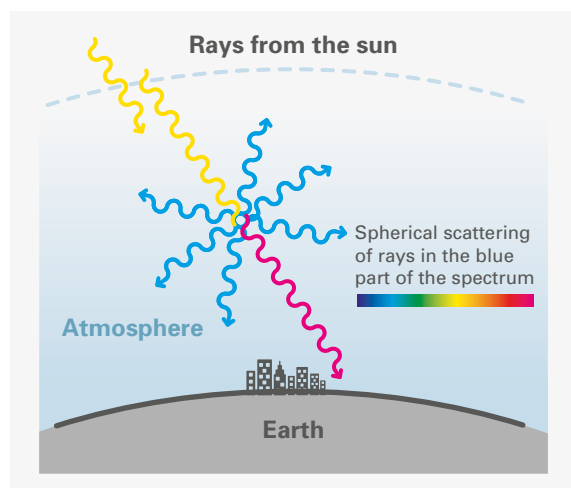


FIG.6

RAYLEIGH SCATTERING: WHY THE SKY IS BLUE

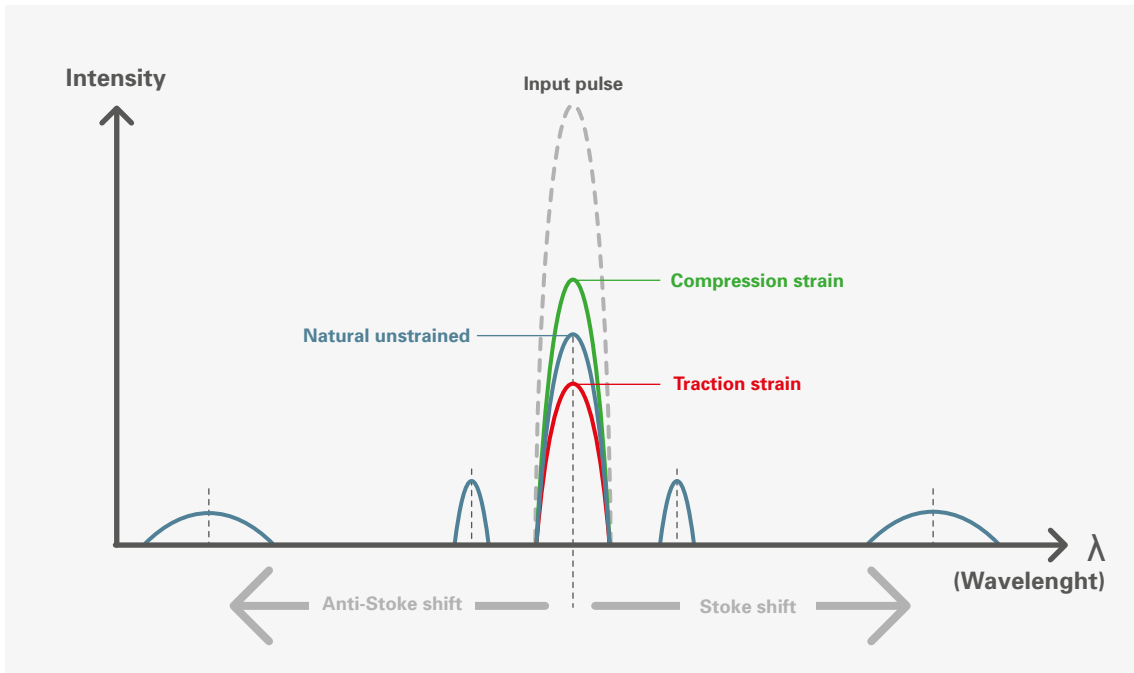


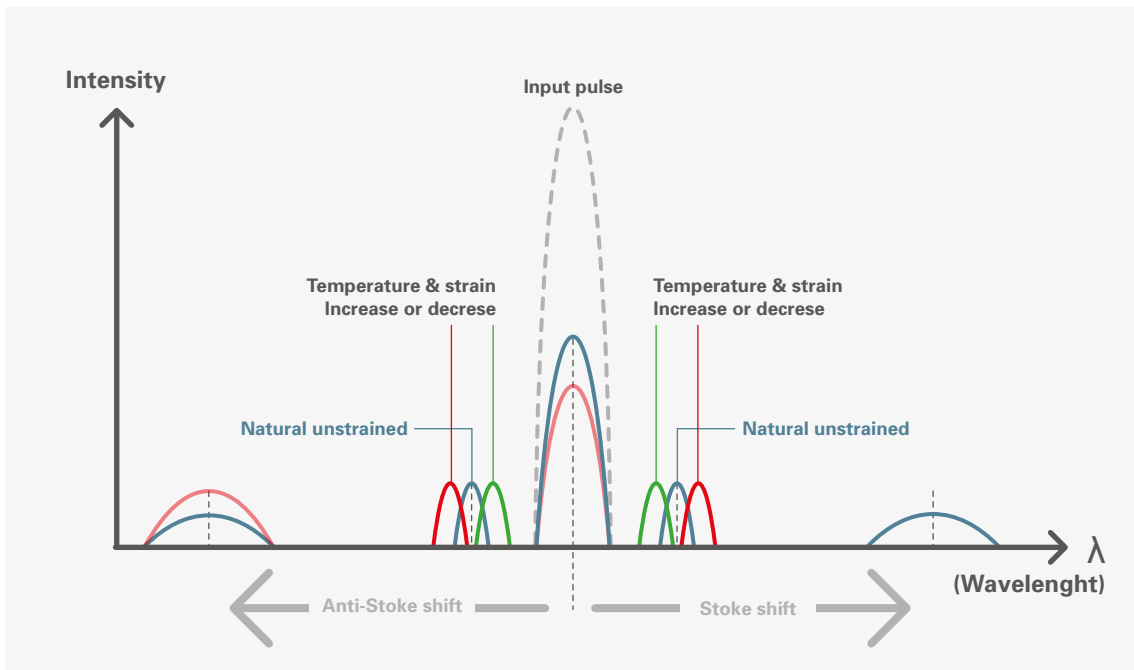
FIG.7

Rayleigh backscattering is the technology an OTDR (optical time-domain reflectometer) relies on. Most fiber optic telecom technicians use it every day to test and troubleshoot fiber optic links. It adds a time domain calculation to the Rayleigh backscattering effect, enabling the exact location of a failure on the line to be found using the time of flight (Fig.4).

**Brillouin backscattering**

Brillouin backscattering occurs due to the interaction between the light and acoustic phonons travelling in the fiber (caused by thermal excitation or strain). As the light is scattered by a moving

FIG.8



entity (phonon), its frequency (wavelength) is shifted by the Relativistic Doppler effect (by around 10 GHz or 0.1 nm for a 1550 nm wavelength). Light is generated at both at positive (Stoke) and negative (anti-Stoke) shifts to the original optical wavelength (Fig.8). The intensity and frequency shifts of the two components are dependent on both temperature and strain. By measuring the shifts' absolute values, the two parameters can be calculated. However, as both temperature and strain are convoluted in the measured value, Brillouin-based systems usually consist of two fibers: one is linked to the structure, measuring both strain and temperature, and the other one is free from the structure, measuring temperature only and being used as a temperature compensation for the strain measurement.

### Raman backscattering

Raman scattering occurs when light is scattered due to interaction with molecular vibrations in the fiber. As with Brillouin scattering, positive (Stoke) and negative (anti-Stoke) shift components are produced and these are shifted from the wavelength of the incident light. By measuring the ratio in intensity between the Stoke and anti-Stoke components, an absolute value of temperature can be measured (Fig.9). Usually only the anti-Stoke component, which is the most temperature dependent, is monitored. Raman backscattering is exclusively temperature dependent, so only one fiber can be used (unlike Brillouin).

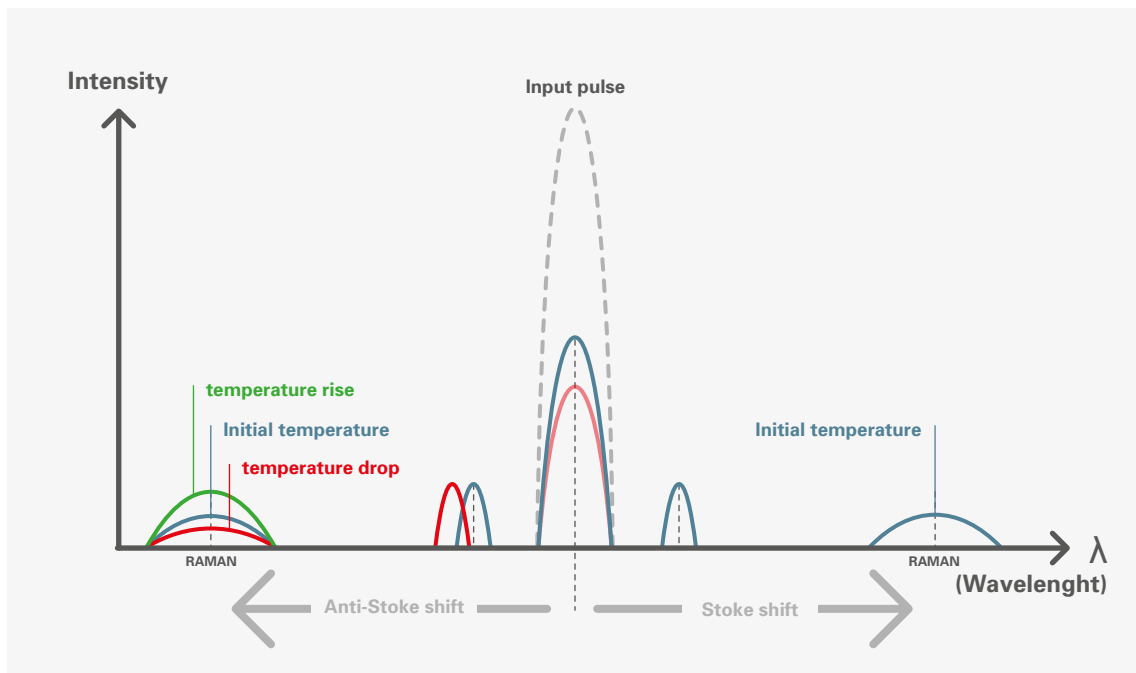


FIG.9

## APPLICATION EXAMPLE: OIL AND GAS



The oil and gas industry is integrating fiber optic into its operations and exploration activities to benefit from fiber advantages in terms of data transfer and sensing capabilities.

Usually there are great distances between extraction points and control centers. The need for a fast and reliable data link is ensured by fiber optic, since it can carry large amounts of data over long distances. Its lightweight and spark-free interconnection (if connectors are used) provides a secure and easy way to install a fast and reliable data link. The Oil & Gas industry also uses light waveguide interactions as a sensing device. This allows easier structural, temperature and acoustic monitoring for drilling extraction and carrying activities. We can find fiber optics used downhole, in pipeline monitoring, fracking, and surface communications, etc.

### FBG sensing

Fiber Bragg technology is used in the oil and gas market as a direct replacement for electrical strain gauges. It allows for very fast measurements (as opposed to distributed sensing which has a long acquisition time). Moreover, it is generally much more accurate.

The oil and gas industry uses FBGs for structural pipeline monitoring at specific locations (protected natural areas, rivers, etc.). Its localized nature allows for the simple and cost-effective upgrading of existing pipe monitoring (a distributed sensing system on a pipe must be designed and installed at pipeline construction).

Downhole monitoring is also a field where FBGs are used for measuring pressure, strain in the drilling tools, temperature and flow. Their dielectric nature makes them ideal to be in contact with reactive components generated during extraction.

### DAS (Distributed Acoustic Sensing)

The sensitivity and relative speed of Rayleigh-based sensing allows distributed acoustic sensing (DAS), in which the fiber acts as a microphone sensing acoustic vibrations. With suitable analysis software, continuous monitoring of pipelines for unwanted interference or irregularities is possible.



Roads, borders, perimeters, etc. can be monitored for unusual activity with the position of the activity being determined to within approximately 10 meters. Due to the ability of the optical fiber to operate in harsh environments, the technology can also be used in oil drilling monitoring applications. Thanks to the sound it produces, it relays real-time information on the geological properties of the material being drilled.



#### DTSS (Distributed Temperature and Strain Sensing)

DTSS is based on Brillouin technology and can measure both strain and temperature all along a fiber that can run up to a hundred kilometers. This makes it the ideal pipeline or power line monitoring system.

Using this technology, coupled with time domain analysis, allows pipeline operators to locate an eventual leak precisely. If a leak occurs at a certain location on a gas pipe, for example, the expanding gas will create a local temperature drop that will be sensed by the system. With time domain analysis, the system can identify the exact location of the leak (~10 meter). However, since this system runs all along the pipe, it must be integrated at pipeline construction.

DDTS also helps during oil extraction and operations downhole and in wells by providing distributed pressure, temperature and strain monitoring (to monitor tubing integrity).

#### DTS (Distributed Temperature Sensing)

DTS is based on Raman backscattering technology and is used in similar applications to DTSS. When only the temperature needs to be measured, DTS is a cheaper solution than DTSS. As the wavelength shift is higher, the system requires simpler optical components to insulate wavelengths. Moreover, DTS generally only uses one fiber and standard cable designs.

**INTERCONNECTING SOLUTIONS**



Fiber optic sensing technologies require top-of-the-range optical performances to work flawlessly (with a good signal-to-noise ratio). Insertion loss must be as low as possible and return loss is a critical concern, as the returning light contains information about the measurement. Optical connectors are generally specified in APC end faces for Single mode, as they guarantee the lowest possible return loss. Manufacturing a good and reliable APC termination requires top-of-the-range polishing equipment and skilled operators. Each termination must be certified in terms of end-face geometry to guarantee good physical contact (thus ensuring ultra-low return losses). On the connector construction stand point, each APC terminus has to be keyed properly and the shell must have been designed with fiber optic in mind, since the overall tolerances must meet the termini design requirements.

Sensing and instrumentation is by nature exposed to environmental constraints; the cable assemblies and connections that carry the measurement therefore have to be able to withstand these conditions. This can be challenging and requires premium materials and high-quality solutions. Having a strong, reliable, easy-to-maintain and quickly deployable fiber optic solution is the key to success.

Ease of maintenance is an important factor, as associated downtimes can lead to considerable loss of earnings when the sensing system is a critical part of the security loop associated with the main production.

Fischer Connectors can provide premium, high performance, robust fiber optic cable assembly solutions that are designed for extreme environmental resistance and ease of use, due to its unique push-pull locking system and easy maintenance.

### FISCHER FIBEROPTIC SERIES

The Fischer FiberOptic Series offers a ready-to-use solution for field deployment. Its ruggedness ensures quick and safe connections, even when handled by untrained operators. Its extreme cleanability, coupled with its removable sleeve holder, enables a first level of maintenance even in the field. You can also obtain pre-terminated cable assemblies in single Mode APC and other fiber types, for perfect integration into sensing applications. The rugged and sealed bodies ensure a high degree of mechanical protection, while making no compromise on optical performance, thanks to their shell design and best-in-class butt joint termini. Available in 1, 2 and 4 fibers, the range features a wide choice of body styles to fulfill all your integration needs.

In March 2016, Fischer Connectors launched its new single fiber optic connector (FO1) within its Fischer FiberOptic Series. This miniature, lightweight, rugged connectivity solution is easy to use and ensures premium performance even in harsh environments. The FO1 connector is also available either in pre-configured reels or integrated into custom assemblies for applications in instrumentation and sensing – to name only a few of the various fields for which this new product is ideally suited.

This new connector fulfills the growing market need for higher data transmission rates over long distances, while reducing space and guaranteeing performance by means of rugged miniature solutions.



## FISCHER **FIBEROPTIC** SERIES

#### References

1. <http://www.wikipedia.org/>



## **ABOUT FISCHER CONNECTORS**

Fischer Connectors has been designing, manufacturing and distributing high-performance connectors and cable assembly solutions for more than 60 years. Known for their reliability, precision and resistance to demanding and harsh environments.

Fischer Connectors' products are commonly used in fields requiring faultless quality, such as medical equipment, industrial instrumentation, measuring and testing devices, broadcast, telecommunication and military forces worldwide.

Primary design and manufacturing facilities are located in Saint-Prex, Switzerland, with subsidiaries and distributors located worldwide.



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